

What is Voice Advocacy Trust?

Voice Advocacy Trust is an independent advocacy agency which advocates for and protects the rights and best interests of people with physical and intellectual disabilities under the age of 65.



Mission Statement

Our Mission is to attain personally meaningful lives for disabled people through strengthening the knowledge, role and influence of the disabled person themselves and their family.

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**An independent advocacy
agency for people with
disabilities**



What is an Advocate?

An advocate is somebody that you trust to speak on your behalf, or to stand beside you when you speak. They can be anyone including a relative a friend, social worker etc, or they can be a trained independent advocate employed with an advocacy organisation.



Do I need an Advocate?

The best person to know what it is you want is you but sometimes you may not feel confident in how to tell someone what it is you want. This might be because you have difficulty communicating; or you are angry; or you see the other person as more powerful than you and you think they won't listen, or are not listening to you. You may have a complaint and feel uncomfortable facing the person you are complaining about. You have the right to use an advocate whenever you feel the need of extra support.

What can an Advocate do?

- Inform you of your rights.
- Provide information and help you explore options.
- Assist you to help yourself towards achieving your goals.
- Speak on your behalf if you wish.
- Support you to get a service that best meets your needs.

