



- In this issue:
 - ▶ Branch News
 - ▶ Office Space to rent
 - ▶ Thank You's
 - ▶ Event: Quirky Art Exhibition
 - ▶ New Parent Support Coffee Morning
 - ▶ Mind over Manner: an action course supporting teenagers with ASD
 - ▶ Attitude Awards Nominations Open Now
 - ▶ Entertainment: Southern Stars presents...
 - ▶ Upcoming PRFC Events
 - ▶ Book Nook: How To Be Angry

Autism Auckland

Training Programmes

Get Involved

Needing Support
Autism Book Store

Donate Now

Welcome to our July enews!

Hello {merge:{field:FirstName}}

Another month has passed and winter has arrived, but it has not dampened the spirit of the team in the branch. As per usual, they have all been busy organising the upcoming school holiday programme which has some fantastic activities which I am sure the children will all enjoy. We have also run a Parent Information Evening, Coffee groups for parents where they learnt about social stories and visual timetables which the parents enjoyed. Some of the staff have been out raising awareness about autism to the wider community and building positive relationships with many community organisations and some of the District Health Boards. Our support groups have had huge numbers regardless of the cold weather and these seem to be proving valuable for all who attend. Have a great mid winter everyone!

Karen Lonergan

Branch Manager



AUTISM NZ AUCKLAND BRANCH SUPPORT GROUPS:

YOUTH WITH ASPERGERS/ HIGH FUNCTIONING AUTISM SOCIAL GROUP

We meet on the 1st Sunday of each month. 12.00-2.00pm at 65 Morningside Dr., St Lukes.

Facilitator -Sushila Krishnamoorthy on sjsk@xtra.co.nz Mob. 021 102 06 40 or Natasha Delgarno on natasha.delgarno@autismnz.org.nz Mob. 021 393 846

ADULT ASPERGER & AUTISM SPECTRUM SOCIAL GROUP

This is held on the 3rd Saturday of the month 3:00-5:00p.m., 65 Morningside Dr., St Lukes. Contact Natasha Delgarno on natasha.delgarno@autismnz.org.nz/ 021 393 846 or Jen Birch on jenbirch@actrix.gen.nz



bookmark

Office Space to Rent

Autism NZ Auckland Branch has unfurnished office space available to rent for a 6-month period. [READ MORE](#)

One in 150 children is diagnosed with autism.

Our vision is to see each and every person with autism reach their fullest potential.



Thank You's:

ADULTS ASPERGER
SYNDROME/HIGH
FUNCTIONING AUTISM
DROP-IN

Venue : Rear of building. 65
Morningside Dr.,
St Lukes.

Dates : 1st Tuesday of every
month.

Time : 12-2pm
Contact Natasha on
natasha.delgarno@
autismnz.org.nz or on
021 393 846

WOMEN WITH ASPERGERS
GROUP

Meets 1st Saturday of every
month (except January)
3.00pm-5.00pm at 65
Morningside Dr.,

St Lukes

Facilitator Christine Lee -
christine.mansford.lee
@gmail.com
or Natasha
on natasha.delgarno@
autismnz.org.nz
ph. 021 393 846

Autism N.Z. Inc
Auckland Branch Staff

Luminita-Lucia Sprague -
Information Coordinator

Karen Lonergan -
Branch Manager

Emma Cutts -
Team Leader
Service Delivery

Jo Lloyd -
Programme Coordinator

Christine Birrell -
Outreach Liaison Officer

Natasha Delgarno -
Adult and Youth
Liaison Officer

We would like to take this opportunity to express our gratitude and appreciation to Epilepsy Foundation Of New Zealand, who have offered our members 100 free tickets to their Annual Ten Pin Bowling Parties in Manukau and Takapuna respectively. It was a great occasion for families to have a day out, complete with free barbecue, drinks and face painting for the children!

A huge "thank you" also goes to our wonderful volunteer Kara Douglas, who has given us a lot of her time to reorganise our library. Thank you very much, Kara - your tremendous work means so much to our members and to us!



bookmark

Event

ANDREW HALL:

COMEDY - HORROR ART EXHIBITION

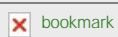
When: 26th July - 7th August - Opening 26th July at 5.30 p.m.

Where: PIERRE PEETERS GALLERY, Habitat Courtyard, 251 Parnell Road, PARNELL.

Ph: 377-4832 email: p.peeters@xtra.co.nz

Web: www.ppg.net.nz

"A FINE SELECTION OF GIGGLY, MACABRE ARTEFACTS FOR THE RETRO POST-MODERNIST." - from the exhibition flyer
Click [here](#) to read Jen Birch's description.



bookmark

Parent Support Coffee Morning

We had a great turn out last month and it was great to see so many Dads along. Many people have expressed interest in learning more about sensory processing issues for children with Autism so that will be our topic at the next meeting. We have decided to postpone the session until early August because of the school holidays, so the next session will be on August 5th from 10.30 to 12.00. Please email Emma on emma.cutts@autismnz.org.nz if you are interested in attending.

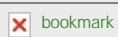
Mind over Manner (MoM)

Susan Haldane

MIND OVER MANNER is a newly developed course: a communication and action method for parents, other family members and teachers of teenagers with ASD. To read more and/or to enrol, please [click here](#).

Attitude Awards

Nominations for the Attitude Awards are currently open. These Awards were set up with a commitment to celebrating the lives and achievements of people living with a disability. Further details [here](#).



bookmark

"Robinson Crusoe" - a Live Performance Pantomime in Aid of Koru Care NZ

Southern Stars Charitable Trust is pleased to provide some lucky members with tickets to their forthcoming production of "Robinson Crusoe" in aid of Koru Care NZ on Saturday 13th August. To find out more, [click here](#). Tickets will be provided on a "first come, first served" basis. Please email us on auckland@autismnz.org.nz **with your name, postal address and number of family passes required.**

Upcoming Parent and Family Resource Centre Events

For the PFRC schedule of upcoming events [click here](#). Please visit the PFRC website for further info: www.pfrc.org.nz



bookmark

Book Nook: [How To Be Angry](#) by Signe Whitson

Children often struggle to cope with anger, and angry feelings can boil over into aggression and destructive behaviour.

This resource takes a different approach to anger, teaching

children how to be angry effectively, rather than telling them not to be angry at all. Read more [here](#).



Autism New Zealand Inc.
Including Asperger Syndrome and Related Disorders

The views expressed in this newsletter and any advertisements are not necessarily those of Autism New Zealand Inc. (Auckland Branch). From time to time, in the interest in providing the widest possible range of information to our members, we may include some of the new approaches to autism now available. This does not however imply Autism New Zealand Inc. (Auckland Branch) endorses any particular approach.