



Autism New Zealand Inc.
Including Asperger Syndrome and Related Disorders



Directory of Information & Services

Autism New Zealand Inc Nelson - Marlborough Branch does not necessarily support, endorse or recommend any method, treatment, product, programme, or therapist for those with Autistic Spectrum Disorder. We do, however, seek to inform, in the belief that you have the right to know, so that you may make informed choices.

Autism New Zealand Inc Nelson - Marlborough Branch

We are a group of parents, who work on a voluntary basis, offering support and information to other families who have someone with an Autistic Spectrum Disorder in the Nelson, Tasman, the Bays and Marlborough. We keep you up to date about local activities, courses, services and offer support groups including a group for teenagers/young adults with ASD.

Key Activities

- Provide parents and carers with support information and advice.
- Provide information to professionals and liaise with other agencies.
- Field Officer support
- Provide Workshops
- Provide Support Groups for Parents.
- Raise awareness of Autistic Spectrum Disorders.
- Provide a Newsletter with ideas, information, and what is happening locally.
- Books available from our own library.

Contacts

Branch Contacts

Service and Support Coordinator is Robyn Young

Field Officer is Viv Nelson

Autism NZ Nelson/Marlborough Branch, P O Box 18, Upper Moutere, Nelson 7144.

Tel 03 539 0285

Email Nelson-Marlborough@autismnz.org.nz

Branch library

Books available to collect or by post from Yvon Smit's shop
Jewel Beetle (upstairs above Whitcoulls)
240 Trafalgar Street, Nelson
Tel 03 548 0487 Email yvon@jewelbeetle.co.nz

National Office

P O Box 12599, Thorndon, Wellington 6144 Tel 04 470 7616 Fax 04 470 7617
For information, books and resources, which are available to buy or borrow ring
0800 AUTISM (0800 288 476) Email info@autismnz.org.nz Web www.autismnz.org.nz

Diagnosis

How to get a Diagnosis

Child/Young Person

Contact your local GP for referral to Paediatrician or CAMHS (Child & Adolescent Mental Health Services) if young person is over 12 years. Tel 03 5461800
Or if you wish to go privately, you can contact TACTICS (user pays part of Tautoko Services), Nelson. Tel 03 546-8370. See www.tautoko.org.nz

Adults:

Nelson:

Contact the psychologists at TACTICS (user pays part of Tautoko Services), who will take private referrals for diagnosis in Nelson, Tel 03 546-8370. See www.tautoko.org.nz

Blenheim:

Contact Maggie Dewar clinical psychologist for a diagnosis in Blenheim.
Address: 121 Maxwell Road, Blenheim, Tel 03 578 7615, Email m.dewar@xtra.co.nz
Alternatively please contact National Office for a Christchurch based clinical psychologist.

Who to Contact when you get a Diagnosis

Autism NZ Nelson - Marlborough Branch - see contact details page 1

WINZ - Work & Income NZ – contact local office for an appointment.

You may be entitled to Child Disability Allowance (a fortnightly payment non-taxable and not means tested) up to age 16. From age 16 you may be entitled to a Sickness Benefit/Invalids Benefit. This is variable and subject to change.

Support Works – the needs assessment agency

1 Harley Street, Nelson

Tel 03 539 3976

Toll Free 0800 244 300

Email support.works@nmdhb.govt.nz

22 Scott Street, Blenheim

0800 244 300

Support Works provide a 'needs assessment' to assist people identify their support needs and design an individual package to meet those needs including funding. They may provide funding towards the costs of Carer Relief/Respite Care Services, so that you can have someone look after the person with ASD to give you a break.

Care Solutions - provide care /respite services. Contact Support Works for a referral.

P O Box 2188, Stoke, Nelson

Tel 03 547 4830

Ministry of Education, Special Education - provide services in the early childhood sector and schools.

MOE.SE

P O Box 282

Nelson

Tel 03 546 3470

MOE.SE

P O Box

Motueka

Tel 03 528 1148

MOE.SE

P O Box 826

Blenheim

Tel 03 578 5917

Ministry of Education, Special Education Facilitator –

Assists students/parents/schools with communication issues that occur from time to time between home and school.

Contact Hilary Clifton Tel DD 03 546 3486. E mail hilary.clifton@minedu.govt.nz

Further Education

NMIT Nelson/Marlborough Institute of Technology Private Bag 19, Nelson

Tel 546 9175 Email info@nmit.ac.nz

Employment / Work Assistance

Workbridge Inc Nelson Tel 03 546 7560

Workbridge Inc Motueka Tel 03 528 1040

Workbridge Inc Blenheim Tel 03 984 3510

WORKSTAR (previously Village Community Trust -VCT) 70 Waimea Road, Nelson

Tel 03 546 9206

Neighbourhood Connections

They will assist in giving support to a person with ASD i.e. planning goals, mentor, and guidance into work or further education. Please contact Support Works for a Referral.

For further information contact

Nelson Tel 03 545 7499

Blenheim Tel 03 577 9094

Residential / Supported Independent Living Services

Many of the following options are dependent upon approval of funds by Support Works, the needs assessment agency.

IHC – IDEA Services offers a variety of residential choices as well as vocational services aimed at maximising people's participation in society. For further information contact IHC

Nelson Tel 03 548 4229

Blenheim Tel 03 578 0949

DSS - Disability Support Services are a division of Nelson/Marlborough District Health Board. They provide a range of residential support services depending on the individual's needs. They also provide Day Services and Respite Care. For further information contact

Nelson Tel 03 546 1671

Blenheim Tel 03 520 9999

NZ Care Group Ltd - is a division of HealthCare NZ. They provide residential services with the aim to give client's as much autonomy and control in living their day to day lives as possible. They also provide Activity Programmes and offer Supported Independent Living services. For further information contact

73 Quarantine Road, Stoke, Nelson Tel 03 547 0585 See www.nzcare.co.nz

Neighbourhood Connections

They provide a service for people who want to live in their own place or their family home with support. A Support Worker is provided to assist in doing the things that a person may need help with. For further information contact

Nelson Tel 03 545 7499

Blenheim Tel 03 577 9094

Legal Issues/ Advocacy

Free Advice

A child turning 16 is entitled to live independently of their parents. You may need to seek legal advice regarding guardianship. You will need to do this any way once your child turns 20 years of age. For a free confidential service call:

Legal Issues/ Advocacy (cont)

Nelson
Nelson Bays Community Law Service
Tel 03 548 1288 or Toll free 0800 246 146

Blenheim
Marlborough Community Law Service
Tel 03 577 9919

Lawyers

Steven Zindel LL.M (Hons), Zindels Barristers & Solicitors, 21 New Street, P O Box 1023,
Nelson Tel 03 548 3268 Email office@zindels.co.nz

Beneficiaries & Unwaged Workers Trust Nelson

Providing information and advice on welfare laws . Advocating for people who have
problems with governmental agencies. Contact:

Jill Preston or Lewis Martin (Hours Mon – Thurs 9.30 am to 3.30 pm)
Suite 3, 83 Buxton Square, Nelson Tel 03 548 8171

Other Services / Useful Information

Altogether Autism – Information Service

Tel 0800 273463

Email nelson@altogetherautism.org.nz

Website www.altogetherautism.org.nz

Ahorangi Consultant & Services

Ahorangi Consultants provide hands on help and best practice advice in teaching and care of
people with ASD. Contact

Tim Powell P O Box 635, Nelson Tel 021 544 550 www.ahorangi.com

ASD Plus Education for families (available in south Island)

This is a free programme for pre school age children diagnosed with ASD delivered by Idea
Services. For further information see www.ihc.org.nz

Contact Tel 0800 273 7587 Email asdplus-education@idea.org.nz see

Behaviour Problems - Tautoko Services

Supporting people with intellectual disability and/or autism who have behaviour that challenges
themselves or others.

Nelson & Blenheim contact Tautoko Services, 10 Natalie Street, Nelson Tel 03 546 8370

A referral from Support works may be required. www.tautoko.org.nz

Cloud 9 Children's Foundation - Asperger Syndrome

Website - www.withyoueverystepoftheway.com

Dyspraxia Support Group Nelson

For further information contact 03 359 7072 Email dyspraxia.centre.org.nz
See www.dyspraxia.org.nz

Fragile X

Learn more and find support. Contact
Toll free 0508 938 0552 www.fragilex.org.nz

Dyslexia & Other Learning Difficulties

See www.dyslexiafoundation.org.nz for information

Nelson Area:

Konstanca Friedrich Palzer of Dyslexia Correction Tasman Bay, Marahau, RD2 Motueka.
Tel 03 527 8060
www.DyslexiaCorrectionTasmanBay.co.nz

Sally McCue Dyslexia Solutions, Nelson Tel 03 545 1779
See www.dyslexiasolutions.co.nz

Tina Guy Davis Facilitator, Nelson Tel 03 547 4984
Email tina@dyslexiasolutionservices.co.nz

Speld Nelson 6 Ladbrook Lane, Richmond, Nelson
Tel 03 544 6921

Marlborough Area:-

Jocelyn Print, Davis Facilitator, Kaikoura. Tel 03 319 6711
Email print@ihug.co.nz

Speld Blenheim 9 Gee Street, Renwick, Blenheim.
Tel 03 578 3508

Joya Centre offers Listening Training by certified Tomatis Consultant & Psychotherapist
Paulina Aarts. 49 Brougham Street, Nelson Tel 03 539 1360
For more information see www.joyacentre.co.nz Email joyacentre@xtra.co.nz

Pelim

Offers private health care services including dietician, occupational therapist, play therapist, psychologist, social worker, speech language therapy, teachers and coaches.
Tel 03 547 4999 Email maryanne@pelim.co.nz

Social Skills Nelson

Develop social skills, communication skills, organisational skills through fun music and drama activities. For primary & intermediate age children.

For further information see www.mleducational.com

Contact Maria Reid Tel 03 544 7102 Email mariareid1@xtra.co.nz

or Rachel Rimmer Tel 03 540 3984

TACTICS Assessment & Therapy Service in Nelson providing a range of user pays services. TACTICS offers a Diagnostic Service, Social skills Programmes, Counselling, Courses, Sensory Processing, Music, Art, Play Therapy,
Contact Tel 03 546-8370. See www.tautoko.org.nz

Other Support Services

CCS Disability Action, provides information, support and advocacy for children, young adults and adults and their families who have a disability. For further information about service contact
Nelson 65 Trafalgar Street, Nelson Tel 03 548 4479

Marlborough 9 Sinclair Street, Mayfield, Blenheim Tel 03 578 1170

IHC / IDEA Services Nelson/Marlborough

Provide a range of services and information. Contact

Idea Services , 575 Main Road Stoke Nelson Tel 03 538 1100 www.ihc.org.nz

Parent to Parent Nelson

This is a support and information network for parents of children with special needs offering information, courses and Support Groups in Nelson and Blenheim.

Contact Tel 03 546 8973 Email nelson@parent2parent.org.nz

Strengthening Families

Strengthening families helps families to get access to services they need. SF brings together families and all agencies that have a part to play in helping the family. For more information see www.strengtheningfamilies.govt.nz. Contact

Nelson

Nelson Bays Primary Health Organisation Tel 03 539 1654

Motueka

Parklands School Pah Street Motueka Tel 03 528 1001

Golden Bay

Golden Bay Community Workers, Takaka Tel 03 525 9728

Marlborough

14B Stephenson Street, Blenheim Tel 03 577 5423

SF Nelson (Supporting Families in Mental Health) Contact:

Nelson

50 Halifax Street Nelson Tel 546 6090

Motueka

Tel 03 528 7790

Marlborough

4 Scott Street, Blenheim Tel 03 577 5491

Health Alternatives

Homeopathy Linda Peat Homeopath (NZCH) Tel 03 526 6229 Mobile 027 4510178

Gluten & Casien Free Diets see www.autismdiet.com or www.doctorgluten.com

Sport/Recreation

Basket Ball Nelson

Fulton Hogan Basket Ball is run for young people over age 10 with a disability to encourage them to play basket ball.

For further information contact

Heather Tel 03 548 5955 or E mail heather@inclusivesport.org.nz

Moving is Fun

A gymnastic based movement class for children with physical activity limitations including ASD.

Based in Richmond. For information contact Linda & Steve Mace Tel 03 546 6013

E mail just.gym@xtra.co.nz

Riding for the Disabled

Nelson
Tel 03 544 8960

Motueka
Tel 03 528 0227

Blenheim
Tel 03 5787350

Sport/Recreation (Cont)

Swimming lessons

Nelson - Richmond Aquatic Centre, Richmond, Nelson Tel 03 543 9755

Blenheim – Stadium 2000 Blenheim Tel 03 577 8300

Special Olympics

Offer a range of activities in Nelson/Motueka & Marlborough

Check out their website for activities www.specialolympics.org.nz

Sport Tasman / Halberg Trust 134 Rutherford Street, Nelson Tel 03 546 7910

Refer for financial contribution towards individual training / participation in sport.

Useful Websites:

www.autismnz.org.nz

www.tonyattwood.com

www.suelarkey.co.nz

www.educationlafreeware.com

www.thegraycentre.org

www.autismbuddy.com

www.altogetherautism.org.nz

www.nas.org.uk

For Visuals:

www.dotolearn.com

www.pecsaustralia.com

www.usevisualstrategies.com