



Autism & Challenging Behaviour

Understanding, Preventing and Managing Challenging Behaviour within the Autism Spectrum.

A Discounted Seminar Offer for Autism New Zealand Members

with Prof Rita Jordan PhD, OBE

In this one day workshop Professor Rita Jordan will discuss how challenging behaviour in Autism is not a characteristic of a person, but rather the result of individuals reacting to environments. The reasons why challenging behaviour often arises in Autism will be discussed, including biological, psychological and social influences. Professor Jordan will discuss how challenging behaviour is often the result of difficulties in understanding self and others, poor communication and vulnerability to panic and fear.

Some of the other key areas of discussion will include

- Understanding sensory issues
- Assisting with impulse control
- The role of emotional regulation
- Looking for idiosyncratic motivation
- Coping with panic reactions
- The effects of eating and sleeping disorders
- Developing a sense of the consequences of one's actions
- Rules and sanctions
- Mental health issues (especially Anxiety)
- Working across all environments
- A curriculum approach to managing challenging behaviours

Rita Jordan is Emeritus Professor in Autism Studies at The University of Birmingham where she has overseen the development of a range of professional development programs in Autism studies. She holds a BSc: Psychology, an MSc: Child Development, an MA: Linguistics, and a PhD in the area of Autism. Rita has established two journals in Autism (one of which she co-edited for 11 years) and is regularly invited to speak on the topic at various professional forums throughout the world. In 2007 she received an OBE for her services to special needs education.

This new workshop will be of relevance to any professional working with people with Autistic Spectrum Disorders and is being offered in response to the amazing feedback Compass Seminars received following Rita's Australasian speaking tour in 2010. We anticipate that these workshops could be fully subscribed and would encourage you to register early to secure your place.

Details: CHRISTCHURCH: Monday 23rd May 2011. Riccarton Park, 165 Racecourse Road, Upper Riccarton
 AUCKLAND: Thursday 26th May 2011. Ellerslie Racecourse Event Centre, Ascot Ave, Greenlane
 WELLINGTON: Wednesday 1st June 2011. Westpac Stadium, Waterloo Quay, WELLINGTON

Time: 9:00am - 4:00pm each seminar

Cost: Only \$189: (This price has been discounted exclusively for Autism New Zealand members; please note your name will be checked against the Autism NZ database to confirm membership). Price includes lunch & presentation notes. Non Autism NZ members can register at the full price of \$210 via our website at www.compass.ac.nz

Confirmation of Registration will be emailed to all delegates. Any enquiries, call Compass Seminars on (06) 7591647



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| Autism NZ Members discounted registration form for "Autism & Challenging Behaviour" | |
| <p>Register Today! Choose from one of the options below</p> <p> Post to: Compass Seminars PO Box 18018, New Plymouth</p> <p> Complete and fax to us at (06) 759 1648</p> <p> Email the required details to: office@compass.ac.nz</p> <p> Non Autism NZ members can register for the full price at: www.compass.ac.nz</p> | <p><input type="checkbox"/> Christchurch <input type="checkbox"/> Auckland <input type="checkbox"/> Wellington</p> <p>Name</p> <p>Position</p> <p>Organisation</p> <p>Address</p> <p>CityEmail</p> <p>Ph ()Fax ()</p> <p><input type="radio"/> \$189 Autism NZ member discounted seminar fee enclosed (make cheques payable to Compass Ltd), Or</p> <p><input type="radio"/> Please invoice to the above address</p> |